PODCASTING May 12, 2025

Fear & Greed podcast team cycling 380+ kms to help country kids

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Reporter

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This week, **Sean Aylmer** and **Adam Lang** – part of the team behind the **Fear & Greed** business podcast – will hit the road for three-day bike ride across regional **New South Wales,** to raise vital funds for **Royal Far West,** a charity dedicated to the health and wellbeing of Australian country kids.

Celebrating 100 years of Royal Far West, the event route will take Sean and Adam on an 380+km outback heritage journey, cycling through locations including **Bourke, Cobar, Nyngan** and **Narromine.**

Departing on Thursday, the boys hope to raise $750,000 for country kids who are struggling with developmental and mental health needs, to get them access to the critical assessments, services and support they need to thrive.

“Every Australian child deserves the right to access quality health, education and development services, but sadly country children and families face disadvantage of distance and a lack of available services. Currently, children in regional and remote Australia are waiting up to six years to see a paediatrician or being told there are no services at all.”

“Thank you to everyone who has supported us with their kind messages, excellent roasting and donations. We would love to raise another $10,000 by the end of the ride on Saturday, 17 May.”

“Feel free to critique our novice riding style and lycra at any time!”

Donations can be made here. Follow the ride here and listen to the Fear & Greed podcast via your favourite app.

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Adam Lang | Fear & Greed podcast | Sean Aylmer

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