

## WINDMILL CAMPS FAQs & WHAT TO BRING



### How do I find out more about the camp program and fees?

You can download the camp timetable and fees from our website.

<https://www.royalfarwest.org.au/camps/>

### What NDIS Support Categories can I use to pay for the camp?

The following NDIS Support Categories may apply:

- Improved Daily Living (Capacity Building) and Increased Social and Community Participation (Core) **OR**
- Improved Daily Living (Capacity Building) and Participation in Social and Civic Activities (Capacity Building).

### What is included in the Parent/Carer training sessions?

Our parent/carers training sessions aim to build parent capacity by complementing the children's group therapy activities and working with families on goal setting. The training provides families with information about why the kids have the difficulties they do by teaching them about the brain and how it makes us **all** tick. Practical strategies are also included so parents can go home with things to do to help their children. These are group training sessions that provide families with **principles** and **general examples** of strategies that can be implemented at home, school and in the community.

### Will I be able to ask questions in the parent/carers training sessions?

Questions during the information sessions are welcomed, and there is an extra 30 minutes at the end of sessions 2 and 3 for questions and discussion. As this is a **group** session, it can be difficult to provide specific, individualised strategies so discussions will reinforce practical strategies and principles.

For individualised support and strategies for your children, ask us about our Windmill Immersion Weeks and Telecare.

### Why does the camp only cater for one parent/carers per child?

Our Camp program is designed for one parent/carers per child so we can accommodate up to 12 participants at each camp.

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**What are the rooms like? Are there cooking and washing facilities?**

<https://www.royalfarwest.org.au/drummond-house/>

All rooms have a bathroom and are equipped with a TV, ceiling fan and tea/coffee making facilities.

All bed sheets and towels are provided and laundry facilities, including washing machines and dryers, are available for use. Please bring any toiletries your family may need.

All meals and refreshments are included as Drummond House is fully catered. If anyone attending has a food allergy or special dietary requirements, please contact our catering team to organise a food plan. There is a microwave on each level.

**When do we arrive?**

We recommend that you arrive the night before camp to allow time to settle in. If you are arriving the morning of camp – remember we start the first day at 12:30pm.

**Can you explain the out of pocket expenses?**

The out of pocket expenses are to cover accommodation, meals and camp activities eg. Rock climbing, surfing, ferry trip.

These items are not covered by the National Disability Insurance Scheme (NDIS) and need to be paid separately.

Our accommodation staff will get in touch with you once you have been enrolled in our camp to arrange payment.

**How do we cater for special diets?**

All meals and refreshments are included as Drummond House is fully catered. If anyone attending has a food allergy or special dietary requirements, please contact our catering team to organise a food plan. There is a microwave on each level.

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### Can we pay privately for the Camp?

Our priority is to fill the places with NDIS participants. If there are places available after registrations close, we can look at offering spots to those who wish to pay privately.

### How do I find out more about IPTAAS (Isolated Patients Travel and Accommodation Assistance Scheme)?

IPTAAS is a government initiative designed to assist with travel and accommodation to assist with medical treatment. For more information, please contact 1800 478 277 or [iptaas@health.nsw.gov.au](mailto:iptaas@health.nsw.gov.au) or visit <http://www.enable.health.nsw.gov.au/services/iptaas>

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# Windmill Camp Checklist

**This is your camp checklist for all things to bring on your stay with us at Royal Far West in Manly. You will be staying with us for 4 days and 3 nights so please pack appropriately.**

**If you have any further questions, please contact us via email at:**

**[windmill@royalfarwest.org.au](mailto:windmill@royalfarwest.org.au)**

## Checklist

- General clothing, underwear and socks. Sensible clothes for climate and for 4 days.
- Swimmers / board shorts. In addition, a wet suit for surfing activities will be provided to keep warm
- Sports training clothes and shoes
- Pyjamas
- Toiletries (Tooth brush, tooth paste, deodorant, brush, small shampoo/conditioner & soap)
- Plastic bag for dirty clothes
- Hat
- Water bottle
- Backpack – children will be responsible for looking after their own personal belongings during the day
- Devices e.g. mobiles and iPads can be brought on trip however, they are your responsibility.

*Please note linen and towels will be provided*

## Spending Money

Accommodation and main meals (breakfast, lunch and dinner) are all included for you and your child. However, if you or your child wish to purchase extra food this cost will be your responsibility.

As there may be an opportunity to visit various shopping precincts whilst in Manly, the cost of all shopping will be your responsibility, so please bring some spending money with you if you want to shop.

## Medication

All medication is your sole responsibility. If you need to store any medications in the fridge we do not use the communal fridge for this, there will be a medication fridge and you will be provided with a lock up box.