Royal Far West

Children's health, country-wide

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Royal Far West is one of Australia's oldest and most respected charities. Established in 1924, we consistently adapt to meet the changing health needs of children and families living in rural and remote communities.

We work in partnership with families, schools, healthcare providers, local government and community groups to create services and solutions that respond to the complexities of country life.

We offer health and education services for country children and their families at our dedicated centre in Manly, as well as virtually via telecare, and in local communities.

Demand for our programs is growing, as is the complexity of the children and families seeking our help.

Our Mission

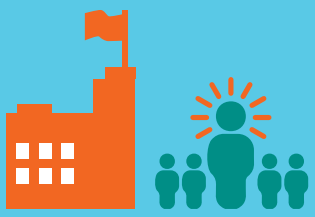
To improve the health and wellbeing of children and young people who live in rural and remote communities, with our core values being reflected in everything we do.

The **Problem**

Geography should not be a barrier to services or a cause for disadvantage, yet children living in rural and remote areas of Australia are up to five times as likely as those living in urban areas to have challenges with their developmental health.

More than 100,000 country children already need help, and this number is growing.

At Royal Far West, our job is to reduce this unacceptable gap in services between city and country.

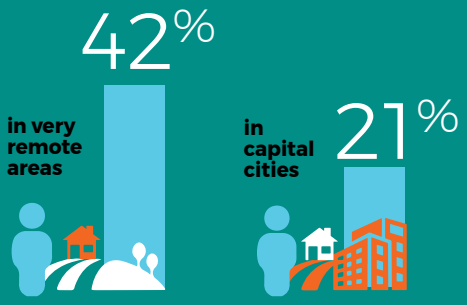


1 in 5

children in Australia are developmentally vulnerable on one or more domain in their first year of school

32%

of children in rural or remote NSW are unable to access the health services they need



Children in rural and remote areas are more likely to be vulnerable than children in metropolitan areas

Advocating for **Country Children**

At Royal Far West, we believe that all children have the fundamental human right to a high standard of health and wellbeing. We recognise the important role we can play in giving country children a voice. Our aim is to build a strong evidence base on children's developmental health, particularly in rural and remote areas, and demonstrate the impact of targeted interventions in community settings. Our intention is to raise the level of conversation around childhood vulnerability in Australia, to positively influence policy and to inform system-wide direction in rural and remote child health and wellbeing.

We are already working alongside our friends and many country communities to tackle the complex challenges they face, so that all children can have the greatest opportunity to reach their full potential, but there is still work to do.

No Distance *Too Far*

We provide a range of programs to support country children, their families and communities. These are child and family focused, and work across health, education and social care to achieve the best possible outcomes. For more information and case studies, visit **royalfarwest.org.au**

Paediatric Developmental *Program*

Our Paediatric Developmental Program (PDP) comprises a comprehensive multidisciplinary assessment, diagnosis, review and treatment service for children with complex developmental and behavioural issues. This is a specialist service with expertise in supporting complex families, trauma-informed care, and family-centred practice. The Program is free to families who meet our specific eligibility criteria.

Telecare *for Kids*

Our globally recognised Telecare for Kids programs gives children across rural and remote Australia access to affordable and specialised paediatric health services via video technology. Working in partnership with preschools, primary schools, parents and local health professionals our Telecare for Kids programs offer assessment, therapy and capacity building covering paediatrics, speech, occupational therapy and psychology disciplines.

Windmill *Program*

The Windmill Program is a therapy intervention service for country children with disability. The program provides intensive weekly blocks of therapy and support, and ongoing therapy programs, both in person at Manly and via telecare.

This innovative disability service is for children aged 2-12 who are eligible for NDIS and DSS federal funding. Families may also privately purchase Windmill services.

Healthy Kids Bus Stop *Program*

Supported by Ronald McDonald House Charities, Healthy Kids Bus Stop is a free health screening service for country children that is run in partnership with Local Health Districts, Aboriginal Medical Services, Primary Health Networks, preschools and schools. The program travels to selected country communities across NSW offering a comprehensive health check primarily for children aged 3-5. At each Bus Stop, there's a range of local Health Professionals available to provide a holistic health screening of each child, and a pathway to further care where needed.

Oral Health *& Wellbeing*

At Royal Far West we provide a range of oral health services and education to children and families who have difficulty accessing these locally. Our dental service specialises in working with children with intellectual disabilities and behavioural issues. We also offer a dedicated Orthodontics program for country children

Therapeutic **Camps**

Our health and wellbeing camps are designed to educate and give confidence to children and their parents, all within a fun and inclusive environment while staying at Royal Far West. Camps include Autism, Diabetes and Young Leaders.

Through our team of more than

60

paediatric specialists

and with our innovative use of technology

we support children aged

0-12

with a range of concerns including autism; attention deficit and hyperactivity disorders; behavioural and conduct disorders; speech and language delays; early life trauma and mental health challenges.

Ways You Can **Help**

Royal Far West is a private charity. To continue to gift healthcare to more country children we need your help.

We can proudly attest that all donations go directly to our programs. For more information on our funding sources, please see our latest Annual Report at www.royalfarwest.org.au

- **Donate** Funds (every donation over $2 is tax deductible)
- **Become** a Royal Far West Regular Giver
- **Become** a Corporate or Community Partner
- **Leave** a Bequest or Gift in Memory
- **Volunteer** your time, services or skills
- **Support** our Events and bring your friends
- **Book** our Drummond House Accommodation in beautiful Manly

For more information or to get involved visit royalfarwest.org.au

Royal Far West
Children's health, country-wide

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Manly NSW 2095

Ph: (02) 8966 8500

Call 1800 96 1001 to donate now

Web: www.royalfarwest.org.au

REGISTERED CHARITY

ndis Registered NDIS Provider